



Leeds City Athletic Club Health and Safety Policy

Statement of intent

Leeds City Athletic Club is committed to ensuring that everyone who participates in athletic training / competition or is associated in some other way with Club activities, does so safely in a well-managed environment. Our athletes' well-being and safety, in addition to enjoyment and participation is our paramount concern.

The club accepts its duties to people, property and environment during both training sessions and organised club events.

To help ensure that the Club achieves these objectives all members of the Club are expected to follow the health and safety standards and guidance as outlined within this policy.

To support and promote Health and Safety at the Club we will:

1. Appoint a competent club member as Club Health and Safety Officer to assist with health and safety
2. Ensure that all members are given the appropriate level of training and competition according to individual ability dependant on age, maturity and development
3. Organise regular recorded risk assessments of areas used for training / competition (see Risk Assessments)
4. Work with Leeds City Council to ensure that health and safety measures are put in place to ensure a safe environment as a reflection of areas identified in the risk assessments.
5. When a new athlete / existing athlete declares a medical condition which could impact on their well-being and capacity to train at the club, a personal risk assessment will be written in conjunction with the athlete / athlete and their parent, and shared with appropriate club members.
6. Ensure coaches and athletes are aware of and respond to identified risks in assessments
7. Ensure normal and emergency operating procedures are in place and known by all members
8. Always provide access to first aid facilities and a qualified first aider
9. Report any injuries or accidents sustained during any club activity or whilst on the club premises (see incident reporting form).
10. Ensure that all members are aware of and follow the Club's health and safety policy
11. Ensure that the implementation of the policy is reviewed regularly, monitored for effectiveness and changes made accordingly when required

Club Members have a



responsibility to:

1. Take care of your own that of other persons, what you do or omit from
2. Co-operate with the Club on matters relating to health, safety and the environment
3. Not interfere with or misuse anything provided for your health, safety or welfare
4. Correctly use all equipment provided by the club
5. Follow all safety instructions as set out within this policy or communicated by the club
6. Report all accidents and incidents you observe (see incident reporting form)

health, safety and well-being and property and the environment by doing

Club Health and Safety Officer:

Maria Townsend, Secretary Leeds City AC

Email: mariatownsend@gmail.com

Qualified in First Aid:

1. All staff at John Charles Stadium (location of Leeds City AC). The stadium also has in place a Health and Safety Policy and associated insurance.

2. Sarah Samuel, Welfare Officer

Email: sarahbh73@gmail.com

3. Kerry Miller, parent helper

Email: kerrymiller1@gmail.com